

SHS Military Planning Monthly Checklist (20xx-20xx)

August/September

- Research the military applicant requirements.
- Citizenship: A U.S. citizen or permanent resident with a valid Green Card.
- Medical, Moral, Physical: Medically and physically fit, and in good moral standing.
- Test Score: A minimum score on the military placement exam.
- Discuss with the counselors/JROTC instructor about desired military branch.
- Develop an Individual Physical Training Plan (Set desired goal and monthly benchmarks)
- Make an appointment with your desired Military recruiter.
- Documented required for military service(s):
 - Age: Between 17-35 years old
 - Medical Records
 - Proof of citizenship or valid green card
 - High school graduate or equivalent
 - Test score: Minimum score of the military placement exam

October

- Prepare for the ASVAB.
- Take a solid core of science, English, and mathematics classes.
- Look for and review other online resources.
- Take a Free ASVAB Practice Test
- Register for ASVAB Test in the counselor office
- Utilize the local library for study material and locations to study.
- Ask your recruiter to assistance with taking the Pre-screening, internet-delivered Computer Adaptive Test (PiCAT).
- Attend any ASVAB Workshop held at the school.
- Assess to determine if your desired goal was met for monthly benchmark. (Adjust plan accordingly).

November

- Take the ASVAB.
- Contact your desired military recruiter to discuss your future service opportunities.
- Scheduled an appointment with recruiter to finalize date for Military Entrance Processing Station (MEPS) visit.
- Assess to determine if desired goal was met for monthly benchmark. (Adjust plan accordingly).

December

- Continue with your exercise plan.
- Assess to determine if desired goal was met for monthly benchmark. (Adjust plan accordingly).
- Prepare for finish exams and finish the semester satisfactory grades
- Check to with counselor to ensure all graduation requirements have been met for that semesters.

January

- Continue with your exercise plan.
- Assess to determine if desired goal was met for monthly benchmark. (Adjust plan accordingly).

February/March

- Keep your grades up. Second semester matters.
- Please notify your school counselor of results of your military branch and job.
- Meet with military recruiter

April

- Continue with your exercise plan.
- Assess to determine if desired goal was met for monthly benchmark. (Adjust plan accordingly).
- Meet with military recruiter
- Ask your recruiter to assistance with taking the Pre-screening, internet-delivered Computer Adaptive Test (PiCAT).
- Attend any ASVAB Workshop held at the school.
- Retake ASVAB if desired score was not obtained during first semester testing.

May

- Continue with your exercise plan.
- Assess to determine if desired goal was met for monthly benchmark. (Adjust plan accordingly).
- Meet with military recruiter.

June

- Complete your Final Exams!
- Pat yourself on your back – congratulations! You are an official high school graduate.
- Continue with your exercise plan.
- Assess to determine if desired goal was met for monthly benchmark. (Adjust plan accordingly).
- Meet with military recruiter.